

Correlates of physiological stress and habitat factors in reintroduction-based recovery of tiger (*Panthera tigris*) populations

Type

Research paper

Keywords

terrain, glucocorticoids, large carnivores, breeding success, species-habitat relationship, anthropogenic disturbance

Abstract

The ever-increasing human presence in tiger occupied landscapes mandates a better understanding of its effects on the species. The loss of tigers to conflict and poaching have been well established, while the indirect effects of human induced stress have not been widely discussed. Anthropogenic factors have driven tiger populations to extinction in Sariska and Panna Tiger Reserves in India. The reintroduction of tigers in these two reserves resulted in contrasting reproductive outcomes and population growth. In this paper, we demonstrate relationships between habitat factors and stress affecting reproduction of reintroduced animals in two contrasting wild tiger populations. The tiger population in Panna grew rapidly and reached carrying capacity within five years, while the Sariska population struggled with strikingly slow growth rate. Although past studies have linked anthropogenic disturbance to stress and low reproductive outcome in wild animals, we argue that it is the complexity and quality of the habitat that influence how animals perceive and cope with this disturbance, resulting in chronic stress and thereby poor reproduction. We quantified fecal glucocorticoid metabolite (FGM), prey density, terrain complexity, cover, water availability and anthropogenic disturbances at both study sites. As predicted, tigers in the population with low reproduction rate (Sariska) had higher FGM concentrations than in the population with high reproduction rate (Panna). We conclude that secure habitat conditions supported by terrain complexity, optimal prey, water availability and low anthropogenic disturbance determine levels of chronic stress, breeding success and population growth of tigers. Therefore, large carnivore reintroductions should consider physiological stress and suitable habitats at fine scale, for realistic population growth projections and adaptive management strategies.

Explanation letter

Dear Editor,

Thank you once again for the opportunity to resubmit the manuscript, with minor revision. We have followed your suggestions entirely and have accepted all the changes that you have made. We hope that the revised manuscript would now be acceptable for publication in the journal.

Regards,

Ramesh

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26 Introduction

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Global tiger (*Panthera tigris*) populations continue to face challenges from poaching, habitat loss, prey depletion and anthropogenic disturbances (Dinerstein et al. 2007). Additionally, tigers occupying fringe areas of reserves or unprotected forest patches in human dominated landscapes are exposed to anthropogenic pressures. This may lead to negative interactions that are stressful and sometimes fatal to both humans and tigers. Two tiger reserves in India, Sariska Tiger Reserve (STR) and Panna Tiger Reserve (PTR) experienced local extinction of tigers in 2008 and 2009, respectively, largely due to poaching, requiring reintroduction to mitigate the loss. Accordingly, eight adult tigers (three males and five females) were translocated from the nearby Ranthambore Tiger Reserve (RTR) to STR between 2008 and 2013 (Sankar et al. 2010). Similarly, seven tigers (two males and five females) were translocated from Bandhavgarh, Kanha and Pench Tiger Reserves to PTR between 2009 and 2015 (Sarkar et al. 2016).

Reintroduction of large mammals has emerged as one of the key management and conservation tools across the globe (Ripple and Beschta 2003; Hayward et al. 2007; Hayward and Somers 2009). However, the reintroduction of a large carnivore such as tiger, in a populous country like India, with growing demands for land and increasingly degrading natural habitats, is a complex and challenging task (Johnsingh and Madhusudan 2009). The success of reintroduction programs is generally measured in terms of settling behavior, fecundity and survivorship of the introduced animals and that of F1 (first generation) offspring (Weeks et al. 2011). The reintroduced population in PTR bred successfully and experienced rapid population growth (to >40 individuals in nine years) whereas no successful breeding was recorded in STR for the first four years after reintroduction and subsequent breeding contributed to only marginal population growth (to 15 individuals in ten years). Although the number of founder animals and broad contours of conservation problems and responses were similar in these two reserves, significant variation in breeding success and population growth patterns mandated detailed investigation because conservation investments have been significant in both sites. Furthermore, since these were the first successful reintroductions of Indian tigers, it was important to learn from the challenges that these populations were facing, to be able to guide such endeavors in the future. We approached this investigation from the fundamental physiological response of tigers to a new environment, focusing on glucocorticoid (GC) responses to human disturbance and habitat correlates.

54 An individual's body typically releases glucocorticoids (cortisol and corticosterone), the hormones
55 produced by activation of hypothalamic–pituitary–adrenal (HPA) axis, in response to challenges posed by
56 its environment, which may be termed as stressors (Sapolsky et al. 2000; Reeder and Kramer 2005). The
57 GCs are secreted in the body to help prepare an individual against external factors, channeling the body's
58 energy to effectively cope with immediate stressful stimuli (Wingfield and Kitaysky 2002). By doing so
59 GCs help the body deal with the harmful effects of stress called 'allostatic load' (McEwen 2007). In case
60 the stressful state continues for a prolonged period of time, excess GCs are released, leading to chronic
61 stress (McEwen 2007). Excess GCs often negatively affect reproduction. The various negative
62 consequences of stress on reproductive capacity of animals include delay in timing of reproduction, low
63 release of reproductive hormones, lower fertility, higher inter-birth intervals, and abortions, impairment
64 of erectile function in males (Sapolsky et al. 2000; Sapolsky 2004; Schoech et al. 2009; Whirledge and
65 Cidlowski 2013). Certain species that are semelparous or individuals that have very few breeding
66 opportunities are able to reproduce even under stressful conditions, but the mechanism by which they
67 cope with stress and successfully reproduce are genetically determined as well as environment dependent
68 (Wingfield et al. 1995; Wingfield and Sapolsky 2003). In contrast, an iteroparous species (such as tiger)
69 which has a comparatively longer life span and would get multiple opportunities to reproduce, will make
70 decisions related to parental investment cautiously and might choose its own survival over that of
71 offspring, resulting in termination of pregnancy or litter abandonment (Frid and Dill 2002).

72 Studies suggest that animals perceive humans as predators and as a result are stressed by their presence
73 (Frid and Dill 2002; Beale and Monaghan 2004; Smith et al. 2017). The energy tradeoff strategy the
74 animal applies to predation risk is also applied in case of non-lethal human activities (Frid and Dill 2002;
75 Stankowich 2008). Previous studies have established that anthropogenic disturbances increase stress
76 hormone levels in several species (Creel et al. 2002; Ellenberg et al. 2006; Van Meter et al. 2009; Janin et
77 al. 2011; Creel et al. 2013; Knapp et al. 2013).

78 Regarding our study sites, there are 2216 families in the 28 villages inside STR, with a total population of
79 11964 humans and 32704 livestock (Rajasthan Forest Department Record 2008). Two state highways
80 (Alwar-Thangazhi-Jaipur and the Sariska-Kalighati-Tehla) which are over 44 km in length, traverse
81 through the designated national park. According to STR management records, from mid-2011 to mid-
82 2014, a total of 77794 vehicles entered through one of the gates of Sariska national park area. Within this
83 period, more than 131000 visitors entered the designated national park area. Of these, 89827 were eco-

84 tourists and 41178 were pilgrims. The high vehicle and visitor count can be attributed to STR being a
85 famous tourist destination, both because of its diverse fauna as well as historical structures and temples.
86 Tigers in STR have been reported to have high fecal glucocorticoid metabolites (FGM) concentrations,
87 linked to the disturbance in their habitat (Bhattacharjee et al. 2015). PTR, on the other hand, has only few
88 villages on its fringes and experiences low tourism pressure, but the FGM concentrations of its tigers has
89 not been previously measured.

90 Given this background, we hypothesized that breeding success of a reintroduced tiger population could be
91 a function of GC response and habitat constraints. To test this hypothesis, we examined the physiological
92 response to anthropogenic disturbances in these two reintroduced tiger populations, with the aim of
93 contributing to the scientific management of large carnivores and their reintroduction, globally.

94 **Materials and Methods**

95 **Study area**

96 STR (27°5'N to 27°33'N and 76°17'E to 76°34'E) is situated in Alwar district of Rajasthan in India (Fig.
97 1, Table A1). This semi-arid tract lies in the Aravalli Hills, with altitude ranging between 540 and 777m
98 a.s.l. and receives an annual rainfall of around 600 mm (Rodgers and Panwar 1988). The major forest
99 types here are tropical dry deciduous forest and tropical thorn forest (Champion and Seth 1968). PTR
100 (24°27'N to 24°46'N and 79°45'E to 80°9'E) is situated in Panna and Chhatarpur districts of Madhya
101 Pradesh in India (Fig. 1, Table A1). The core zone comprises Panna National Park and Gangau Wildlife
102 Sanctuary. Its altitude ranges between 330 and 540m and it receives an annual rainfall of up to 1100 mm
103 (Karanth et al. 2004). The major forest type here is dry deciduous forest (Meher-Homji 1990).

104 **Sample collection, hormone extraction and measurement**

105 We collected fresh tiger scat samples from STR and PTR while monitoring reintroduced tigers based on
106 VHF and GPS telemetry. Search efforts were focused on the home range of tigers and specifically around
107 kill sites. Since all the tigers were radio-collared (minimum time between collaring and sample collection
108 was approximately 1.5 months), they were monitored 24 hours a day, seven days a week. As such, it was
109 possible to match fecal samples to individual tigers based on monitoring data, including inspection of kill
110 sites. Freshness of samples was visually estimated, and only samples that were considered fresh were
111 collected. We collected a total of 103 wild tiger scat samples from STR, and 144 from PTR between
112 January 2013 and May 2014 for analyses of FGM concentrations and cataloged with its location (latitude

117 113 and longitude), ID of the individual, date of collection and freshness. A total of 119 scat samples from
118 114 PTR and all 103 from STR, were identified to individual tiger by correlating theirs and that of their kill's
119 115 GPS location with that of scat, by tiger monitoring teams. Thereby, a total of nine individual tigers in
120 116 PTR (of which five were founders and four were F1) and seven in STR (all founders), were sampled. The
121 117 scat samples were oven dried at 80°C for 48 hours. We extracted fecal steroid metabolites according to
122 118 previously published protocols (Brown et al.1994; Umapathy et al. 2013). We weighed 0.2–0.3 g of the
123 119 dried, mixed and pulverized fecal sample and boiled it in 5 ml of 90 % aqueous ethanol for 20 min. After
124 120 centrifugation at 500 gf for 10 min, we recovered the supernatant and re-suspended the pellet in 5 ml of
125 121 90% aqueous ethanol, vortexed for one minute and re-centrifuged to recover the supernatant. We then
126 122 combined both the ethanol supernatants, dried (in an oven at 40° C), re-suspended in 1 ml of absolute
127 123 methanol, vortexed for one minute and sonicated for 30 seconds (Branson Ultrasonics 250, CT, USA) to
128 124 free particles adhering to the wall of the test tube. Samples were then stored at - 20° C until hormone
129 125 assay. We examined extraction efficiency of protocols by adding known amount of radio labeled
130 126 hormones in randomly selected samples before extraction. Extraction efficiencies were calculated as
131 127 percentage of the amount of labeled hormones observed relative to the amount expected; they ranged
132 128 between 85.2 and 93.4% (n = 22).

133 129 We measured FGM concentration by cortisol enzyme immunoassay (EIA) (C. Munro, University of
134 130 California, Davis), which has been successfully validated in various mammals, including tigers (Young et
135 131 al. 2004; Narayan et al. 2013; Bhattacharjee et al., 2015). The cortisol polyclonal antibody (R4866) was
136 132 diluted to 1:9000, HRP-conjugated cortisol 1: 250000 and cortisol standards (1000-1.95 pg/well). The
137 133 cross-reactivity of cortisol antibody with cortisol was 100%, prednisolone 9.90%, prednisone 6.30%,
138 134 cortisone 5%, and <1% with corticosterone, desoxycorticosterone, 21 desoxycortisone, testosterone,
139 135 androstenedione, androsterone, and 11-desoxycortisol (Young et al. 2004). Assay sensitivity was calculated
140 136 at 90% binding and found to be 1.95 pg/well. To calculate inter and intra assay coefficients we pooled the
141 137 fecal extracts and divided these into high (spiked with standards) and low (not spiked) quality controls, and
142 138 used these on each EIA plate (n=10). The intra and inter coefficient of variation (CV) were 5.30% (n=10)
143 139 and 9.60% (n=10) respectively. The cortisol EIA demonstrated parallel displacement curves between
144 140 pooled serial dilutions of fecal samples and standards. We performed the EIA procedure as described
145 141 previously (Young et al. 2004; Kumar et al. 2014; Umapathy et al. 2015).

142

143 Prey availability estimation

144 We used distance-sampling method for tiger prey species population estimation (Buckland et al. 2001).
145 We surveyed a total of 41 and 48 line transects each up to 2 km in length in PTR and STR respectively,
146 during the winter 2012-13 and 2013-14. All the line transects in both the reserves were walked in
147 replicates of three. We combined data for the entire study period and calculated prey encounter rate for
148 each transect. Further data analysis was done using conventional distance sampling engine in the software
149 Distance 6.2 (Thomas et al. 2010). We selected suitable truncation distances to achieve better model fit of
150 the data. Models were selected on the basis of quantile-quantile plot, Chi-square goodness of fit test and
151 lowest value of Akaike information criteria (AIC) (Buckland et al. 2001; Thomas et al. 2010).

152 Assessment of habitat conditions

153 We quantified vegetation indices viz. canopy cover and shrub abundance in 15m circular plots laid at
154 every 400 m on the line transects (Jhala et al. 2009). A total of 235 and 234 circular plots were laid in
155 STR and PTR, respectively. Within each plot, we made visual estimation for canopy cover and scored
156 shrub cover according to its abundance.

157 For further understanding the vegetation cover, we calculated normalized difference vegetation index
158 (NDVI) (Rouse et al. 1974) for both reserves based on LANDSAT 8 (OLI/TIRS) scenes; downloaded for
159 STR (LANDSATSCENEID = LC81470412013140LGN01; Download date = 24 December 2014) and
160 PTR (LANDSATSCENEID = LC81440432013119LGN01; Download date = 20 April 2015) from USGS
161 website for the month of May and April 2013, respectively. We used raster calculator in ArcGIS
162 10.1 (ESRI 2012) for calculating NDVI by the formula: $NDVI = \frac{\text{Near Infrared} - \text{Red}}{\text{Near Infrared} + \text{Red}}$.
163

164 We downloaded Advanced Spaceborne Thermal Emission and Reflection Radiometer (ASTER) Global
165 Digital Elevation Model (GDEM) data from the USGS global visualization viewer website, for both the
166 sites. We used slope tool in spatial analyst in ArcGIS 10.1 to calculate Slope from DEM layers (ESRI
167 2012). Additionally, we calculated topographic ruggedness index or terrain ruggedness index (TRI) that
168 measures elevation difference between a cell and mean of its eight neighboring cells (Riley et al. 1999)
169 for both reserves. We used raster calculator in ArcGIS 10.1 (ESRI 2012) to calculate TRI by the formula
170 $TRI = \text{Square Root} [\text{Abs}(\text{Square}(\text{“3x3max”}) - \text{Square}(\text{“3x3min”}))]$ (Cooley 2016).

177 171 The scenes we used for calculating NDVI, were also used to calculate normalized difference water index
178 172 (NDWI) (McFeeters 1996) with raster calculator in ArcGIS 10.1(ESRI 2012) by the formula
179 173 $NDWI = (Green - Near\ Infrared) / (Green + Near\ Infrared)$.

180 174 **Status of anthropogenic disturbance**

181 175 We quantified anthropogenic disturbance indices in the circular plots (as discussed under section
182 176 ‘Assessment of habitat conditions’), at both the sites. In each plot, we counted all the lopped (only
183 177 branches were cut) and cut (cut to stump) trees and ranked weed abundance. We divided tiger occupied
184 178 area in both STR and PTR into 2x2 km grids and deployed camera trap (Cuddeback Attack) pairs, within
185 179 these grids. In PTR, we deployed camera traps in 109 locations accounting for 7459 trap nights, in STR,
186 180 camera traps were deployed in 104 locations accounting for 1827 trap nights. We then manually counted
187 181 the number of livestock, humans, and vehicles captured in each camera trap and calculated encounter
188 182 rates (total no. of captures/total trap nights). We considered livestock as an anthropogenic disturbance
189 183 factor since it was often accompanied by humans and overgrazing by domestic stock can lead to habitat
190 184 degradation.

191 185 **Statistical analyses**

192 186 We subjected FGM concentrations obtained for both the reintroduced tiger populations to descriptive
193 187 statistics. After checking for normality, we log transformed FGM values and used these as dependent
194 188 variable in linear mixed effect model (LMM) with tiger id as random effect and tiger reserve id and sex as
195 189 fixed effects, to explore the effects of tiger reserve, sex and individual tiger on FGM concentrations.

196 190 We masked rasters viz. NDVI, NDWI, DEM, Slope, and TRI, with STR and PTR boundary polygons
197 191 using ArcMap’s extract by mask tool (ESRI 2009). We then obtained means and standard deviations (SD)
198 192 of all the listed variables from these rasters for both the reserves. Difference between NDVI, NDWI,
199 193 ungulate density, livestock density, DEM, slope, TRI, of the two reserves, were tested using independent
200 194 samples t-test and their standard deviations using f (variance ratio) test. We also compared means of
201 195 canopy cover, prey, human, livestock, and vehicle encounter rates, and, cutting and lopping intensity rates
202 196 between the reserves, using Mann Whitney U test (data were not normally distributed). All statistical tests
203 197 and modeling were done in statistical package for the social sciences (SPSS) versions 15 and 23 (SPSS
204 198 2006; IBM Corp. 2015). Statistical significance levels were set at $p < 0.05$.

206 199 We interpolated canopy cover, prey, human, livestock, and vehicle encounter rates, cutting and lopping
207 200 intensity rates, as well as their SD to create rasters, using the Geostatistical wizard in ArcMap 10.1 (De
208 201 Smith et al. 2007; Cressie 2015; ESRI 2012). After trimming the outliers, testing for assumptions and
209 202 transforming the data where necessary, we used Inverse distance weighting (IDW), Ordinary kriging
210 203 (OK) and Empirical Bayesian Kriging (EBK) interpolation tools to create rasters. Only in case of vehicle
211 204 encounter rate for STR we used IDW tool, since its probability distribution was highly non-Gaussian,
212 205 even after transformation. The rasters were selected after comparing variograms and root mean square
213 206 errors, for all listed variables, for both the reserves (Table 1).

214 207 On an average, daily movement of the tiger was 6.90 km/day for STR (no significant difference between
215 208 sexes) (Bhattacharjee et al. 2015). Considering the daily movement as the radius, we drew buffers around
216 209 each scat location. We extracted habitat and disturbance variables for each buffer from the rasters (created
217 210 using interpolation tool, as discussed previously) using the zonal statistics as table 2 tool in ArcMap 10.5
218 211 (ESRI 2016). Bivariate correlation was run and highly correlated variables were not used together in
219 212 models.

220 213 We constructed LMM (Handerson et al. 1959; Duchateau et al. 1998) to explore the variables linked to
221 214 log transformed FGM levels in STR in SPSS (IBM corp. 2015) with tiger id as random effect to account
222 215 for repeated measures of FGM for individual animals. We also performed LMM for PTR, but found none
223 216 of the variables to show significant effect on FGM levels, possibly due to inherently low stress in the
224 217 population and low variance among the individuals. Therefore, we focused our analyses and interpretation
225 218 primarily on the more disturbed STR population, which required management inputs to address the stress
226 219 issues and improve reproductive outcome. This decision allowed us to streamline the content of the paper
227 220 while avoiding the redundancy from PTR analyses. The transformed FGM values (dependent variable)
228 221 had a normal distribution, and the residuals of all variables showed homoscedasticity and linear
229 222 relationships. We used maximum likelihood or full model (FML) for model reduction and restricted
230 223 maximum likelihood (REML) for the final model to get more accurate estimates of random effect. The
231 224 significance of explanatory variables (fixed effect) was tested using Wald test. We explored canopy cover
232 225 and its SD, prey, human and livestock encounter rates, vehicle encounter rate SD, cutting and lopping
233 226 intensity rates, lopping SD, NDVI, NDWI, DEM, slope as well as, their SD (s), and, TRI, as fixed effects.
234 227 We checked the variables for multicollinearity, only variables with variance inflation factor less than 10,

236 228 were used together in a model. Stepwise backward model selection was based on partial p-values and
237 229 model selection was based on AIC values.

238 230 **Results**

239 231 **FGM concentrations of reintroduced tiger populations**

240 232 The mean FGM concentration of tigers in the STR tiger population (mean \pm SD = 50.14 \pm 42.84 ng/g;
241 233 n=103) was significantly higher than in the PTR population (20.29 \pm 16.34 ng/g; n=144) (Tables 2, 3).
242 234 Tiger ID did not have a significant random effect on the covariance structure of our model (Wald's χ^2 =
243 235 0.45, $p=0.65$).

244 236 There were no significant differences in FGM concentrations between the sexes, in either of the reserves
245 237 (sex effect and sex by reserve interaction; all $p > 0.05$; Table 3). In STR, FGM concentration for female
246 238 tigers was 53.25 \pm 42.62 ng/g (n=74) while for males it was 42.19 \pm 43.12 ng/g (n=29). In PTR, it was
247 239 19.65 \pm 16.11 ng/g (n=71) and 20.00 \pm 14.09 ng/g (n=57) for females and males, respectively.

248 240 **Habitat description**

249 241 Prey density estimates (including livestock) were 52.80 \pm 7.10 n/km² in PTR and 199.50 \pm 12.30 n/km² in
250 242 STR. STR had higher wild ungulate prey density (Table A1, Fig. 2) and livestock density (85.20 \pm 11.90
251 243 n/km²) than PTR (39.80 \pm 10.90 n/km²). Average canopy cover and shrub abundance were higher for
252 244 PTR (0.33 and 1.81, respectively) than STR (0.29 and 1.72, respectively). The difference was significant
253 245 for shrub abundance ($p=0.01$) but not for canopy cover ($p=0.53$). NDVI during summer was higher for
254 246 STR than PTR (Table A1). Mean elevation, slope and associated SD were higher in STR than PTR (Table
255 247 A1). However, the TRI value was higher for PTR than STR. (Table A1). During summer in STR mean
256 248 NDWI was lower than PTR (Table A1).

257 249 Regarding human disturbance, both lopping and weed presences were higher in STR (67% and 91% plots,
258 250 respectively), as compared to PTR (22% and 71% plots, respectively), although woodcutting evidence
259 251 (both old and new) was slightly higher in PTR (40% plots) than STR (31% plots). Mean lopping in STR
260 252 (6.37 \pm 8.19) was higher than in PTR (0.60 \pm 1.50; $p<0.001$). There was no difference between sites in
261 253 mean woodcutting (STR 1.06 \pm 2.11; PTR 1.39 \pm 3.28).

262 254 Mean livestock encounter rate for STR ($\mu=4.09 \pm 5.94$) was higher than for PTR ($\mu=3.19 \pm 9.6$; $p<0.001$).
263 255 In contrast, vehicle presence was significantly higher in PTR ($\mu=4.57 \pm 7.72$) than STR ($\mu=0.50 \pm 1.20$);

265 256 $p < 0.001$). There was no difference in human encounter rate (STR $\mu = 1.40 \pm 1.97$; PTR $\mu = 1.02 \pm 1.20$;
266 257 $p = 0.37$).

267 258 **Stress and stressor relationship**

268 259 The selected LMM model retained tiger id as the random effect and included human encounter rate, canopy
269 260 cover, NDWI SD (positive effects on FGM), TRI and DEM SD (negative effects on FGM) as fixed effects
270 261 (Wald's $\chi^2 = 6.66$; $p < 0.001$; Table 4). The random effect of tiger id was statistically not significant (Wald's
271 262 $\chi^2 = 0.69$, $p = 0.49$) implying that the repeated measures of same individuals in STR does not affect the
272 263 model's covariance structure.

274 265 **Discussion**

275 266 Monitoring stress in reintroduced animals is important to ascertain animal wellbeing and reintroduction
276 267 success (Teixeira et al. 2007; Gelling et al. 2012). The results of this study agree with our earlier findings
277 268 (Bhattacharjee et al. 2015) that reintroduced tigers in STR have high indices of chronic stress. The mean
278 269 FGM concentration of the Sariska tiger population was more than twice to that of Panna tiger population.
279 270 We did not have pre-translocation FGM values for the studied tigers, so we cannot rule out completely a
280 271 possible founder effect from the source site. However, we are convinced that this is unlikely. If the
281 272 founders suffered chronic stress in their original habitat (RTR), the reproductive outcome would have
282 273 been impaired in the source as well. RTR is one of the high-density tiger areas in India with a high
283 274 reproductive rate (Jhala et al. 2015; Sadhu et al. 2017). Therefore, we presume that the individuals
284 275 released were not affected by chronic stress. In terms of acute stress due to translocation, any stress
285 276 hormone remains in body for a maximum period of 72 hours and stress levels are known to peak between
286 277 22 to 26 hours post stressful activity in big cats (Young et al. 2004). The scat samples used in this study
287 278 were collected after a few months of translocation, excluding an effect of post translocation stress on our
288 279 FGM measures.

289 280 High physiological stress in Sariska tigers necessitated the identification of habitat constraints that could
290 281 act as stressors. For large carnivores such as tigers, preferred habitat parameters have been identified
291 282 mainly as high prey density, forest contiguity, cover, thick understory, high altitude, steep slopes,
292 283 proximity to water and low human impact, among others (Miquelle et al. 1999; Karanth and Sunquist
293 284 2000; Sunarto et al. 2012; Takahata et al. 2014). Prey, the first essential requisite for tiger presence, was
294 285 available in high densities to tigers in Sariska, and ungulate densities were higher in Sariska than in

296 286 Panna. Given the low population of tigers and the overall high wild prey density in Sariska, the problem
297 287 of demand-supply does not appear to exist and nutritional stress can be ruled out as the reason behind the
298 288 poor breeding. Water, the second essential requisite, was a constraint in Sariska, with low water presence
299 289 during summer months (Table A1). Vegetation cover was high in Sariska and comparable to Panna.
300 290 However, areas with high canopy cover in Sariska are frequented by both people and tiger; men use it for
301 291 fuelwood and fodder collection, tigers to get adequate cover from tropical heat and for hunting.
302 292 Consequently, the role of terrain/topographic features which also provide cover, becomes significantly
303 293 important. Topographic features not only provide cover to both prey and predator to avoid detection by
304 294 each other (Canon and Bryant, 1997; Lingle, 2002; Gorini et al., 2012), but also, impart protection and
305 295 cover to animals from human and human-induced disturbances (Peyton 1980; Sawyer et al. 2007). Low
306 296 values of TRI in Sariska as compared to Panna, indicate inadequate terrain complexity. In Panna, the
307 297 steep and rugged gorges act as escape cover and provide a secure environment for breeding tigers, which
308 298 is absent in case of Sariska. Even so, the high FGM values in Sariska cannot be explained by insufficient
309 299 water availability and terrain complexity alone. Low water availability can, however, elevate the basal
310 300 cortisol levels and low terrain complexity reduce the chances of animals successfully avoiding encounters
311 301 with humans, so that additional stress in the form of anthropogenic disturbance can lead to ‘allostatic
312 302 overload’ in the animals (McEwen 2007).

313 303 The results of various anthropogenic disturbance indices as assessed by us revealed that overall
314 304 anthropogenic disturbance was significantly higher in Sariska as compared to Panna. Sariska had higher
315 305 lopping, weed and livestock presence than PTR. In STR, the intensity of lopping was higher than cutting,
316 306 reflecting that people are using the reserve forest for their subsistence, exploiting it for fuelwood and
317 307 fodder. Human encounter rate was also higher in STR, but the difference was not statistically significant.
318 308 Deeper examination of the data revealed that people frequently captured in PTR were forest department
319 309 staff, carrying out various management related activities in and around the roads, in contrast, in STR, the
320 310 people captured were mostly villagers moving inside the reserve to collect fuelwood and fodder or
321 311 grazing livestock, infiltrating the forest irrespective of presence of roads and trails. Thus, even though
322 312 similar number of people may be moving inside these reserves, the manner in which they are moving and
323 313 the purpose of their movement are different. In Sariska, movement of people contributes to forest
324 314 degradation, while in Panna it contributes to forest management. Further, in STR villages are located

326 315 within small distance of tiger home ranges unlike in PTR where villages are located outside or in the
327 316 fringe area of tiger habitats (Table A1).

328 317 Only some carnivores such as wolves have behavioral plasticity and reproduction capability that makes it
329 318 possible for them to survive in close proximity to human beings. Species such as bears and tigers that
330 319 have specialized requirements related to habitat quantity and quality are susceptible to threats posed by
331 320 anthropogenic pressures (Weaver et al. 1996). High FGM concentrations in STR tiger population were
332 321 positively linked to the presence of humans; high canopy cover, low water availability and to
333 322 homogeneous elevation and low TRI values, within their habitat. Therefore, at a fine scale, it seems that
334 323 the simple act of a villager going inside the forest areas frequented by tigers, is leading to increased
335 324 physiological stress in tigers of STR. Stress is reduced where tigers are occupying areas with homogenous
336 325 distribution of water and the opportunity provided by topographic features to avoid detection. In PTR,
337 326 stressful encounters for tigers are few and far apart, with the opportunity to navigate through escarpments,
338 327 resulting in low average FGM concentrations of the population and high reproductive output.

339 328 Thus, we can infer that tigers experience physiological stress in case of frequent encounters with human
340 329 beings, which is exacerbated in a habitat that does not provide sustainable space to negotiate or avoid
341 330 these disturbance elements, which, eventually, seems to affect their reproductive output. In comparison, if
342 331 there is low human presence within their habitat, coupled with complex terrain and optimum water
343 332 availability, tigers experience low stress and thereby attain healthy population growth.

344 333

345 334 *Implications for tiger conservation*

346 335 Tiger conservation efforts are increasingly focused on creating large undisturbed habitats, which involve
347 336 voluntary relocation of people and legislative safeguards. However, the conservation objective can only
348 337 be accomplished by spatial prioritization and rationalization of the resources, and accordingly
349 338 management inputs have to be modified. It is also important to address anthropogenic issues before tiger
350 339 translocation is implemented. In India, the key policy document for conservation of tiger that was drafted
351 340 after extinction of tiger in Sariska (Narain et al. 2005) recommended reintroduction as one of the
352 341 conservation agendas. With knowledge and experience gained through these tiger reintroductions in
353 342 Sariska and Panna, this reintroduction agenda can now be improved through specific policy inputs in
354 343 terms of land management and field operation strategies.

To the best of our knowledge, this is the first time that habitat-stress-reproduction relationships, incorporating multiple habitat elements across two contrasting populations were studied for wild tigers in general, and reintroduced tiger populations in specific. The results of this study affirm that costly conservation efforts for tigers, such as reintroduction programs, need to consider the levels of anthropogenic disturbance and availability of secure environments as major drivers of success/failure of breeding and population growth. This is especially true for habitats that lost their original population to anthropogenic factors. For such reintroduced populations, it is prudent to remove/reduce the disturbance elements while continuing to closely monitor the habitat and physiological responses of the tigers. Finally, our results suggest that successful reintroduction and population growth is a function of habitable space availability, including terrain complexity and low anthropogenic interactions. Therefore, conservation success of future reintroductions should be modeled and visualized keeping in view these parameters.

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These tiger reintroductions were implemented as per the protocol issued by National Tiger Conservation Authority (NTCA), which is the supreme authority in India, as far as tiger management is concerned. In this protocol, NTCA has incorporated IUCN reintroduction specialist groups' guidelines. In term of field execution, the Chief Wildlife Warden is empowered to carry out such management interventions, but because India is signatory to IUCN, the guidelines laid down by IUCN are generally followed and in this specific context has been incorporated through NTCA protocols.

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543 **Tables**

544 Table 1: Comparison of root mean square errors (RMSE) of rasters created using different interpolation
545 tools for all habitat variables of Panna and Sariska tiger reserves

Variable (Stressors)	Panna Tiger Reserve				Sariska Tiger Reserve			
	Inverse distance weighting (IDW)	Ordinary Kriging (OK)	Empirical Bayesian Kriging (EBK)	Interpolation method selected	IDW	OK	EBK	Interpolation method selected
Human encounter rate	1.10	1.07	1.06	EBK	1.43	1.38	1.39	OK
Vehicle encounter rate	5.12	5.19	4.92	EBK	0.95			IDW
Livestock encounter rate	2.61	3.10	3.13	OK	4.27	4.10	4.20	OK
Prey encounter rate	2.21	2.30	2.01	EBK	0.90	0.88	0.93	OK
Cutting frequency	2.16	2.01	1.99	EBK	1.60	1.50	1.50	EBK
Lopping frequency	0.97	0.90	0.89	EBK	6.85	6.40	6.50	OK
Canopy cover	0.16	0.15	0.15	EBK	0.16	0.15	0.16	OK

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Table 2: Table listing fecal glucocorticoid metabolites (FGM) concentration of tigers sampled in Sariska tiger reserve (STR) and Panna tiger reserve (PTR)

S. No.	Tiger Reserve	Tiger ID	Generation	Sex	No. of samples	FGM concentration (ng/g)	SD
1	STR	ST2	Founder	Female	12	39.5	19.37
2	STR	ST3	Founder	Female	25	55.01	54.75
3	STR	ST4	Founder	Male	8	42.87	29.82
4	STR	ST5	Founder	Female	14	52.95	37.50
5	STR	ST6	Founder	Male	21	41.94	47.87
6	STR	ST9	Founder	Female	15	63.42	45.24
7	STR	ST10	Founder	Female	8	49.86	28.25
1	PTR	T1	Founder	Female	16	26.13	13.98
2	PTR	T2	Founder	Female	28	25.81	21.89
3	PTR	T3	Founder	Male	16	18.73	17.63
4	PTR	T4	Founder	Female	5	27.14	23.05
5	PTR	T5	Founder	Female	7	13.26	13.57
6	PTR	P111	F1	Male	14	15.73	12.14
7	PTR	P112	F1	Male	4	19.72	12.97
8	PTR	P212	F1	Male	14	21.94	12.86
9	PTR	P213	F1	Female	15	14.49	9.60

Table 3: Results of linear mixed-effect model to explain FGM concentrations' association with tiger reserve and sex of the sampled individuals (Dependent variable log FGM).

Parameter	Estimate	Std. Error	df	t	p value	95% Confidence Interval	
						Lower Bound	Upper Bound
Intercept	1.22	0.10	10.24	12.67	<0.001	1.00	1.43
TRID	0.28	0.09	10.03	3.25	0.01	0.09	0.47
[SEX=F]	-0.05	0.11	9.81	-0.50	0.63	-0.29	0.18
[SEX=M]	-0.02	0.11	10.77	-0.18	0.86	-0.26	0.22
[TRID] * [SEX]	0.16	0.11	9.54	1.55	0.15	-0.07	0.40

Table 4: Results of linear mixed-effect model to explain FGM concentrations in tiger population of Sariska tiger reserve (Dependent variable log FGM).

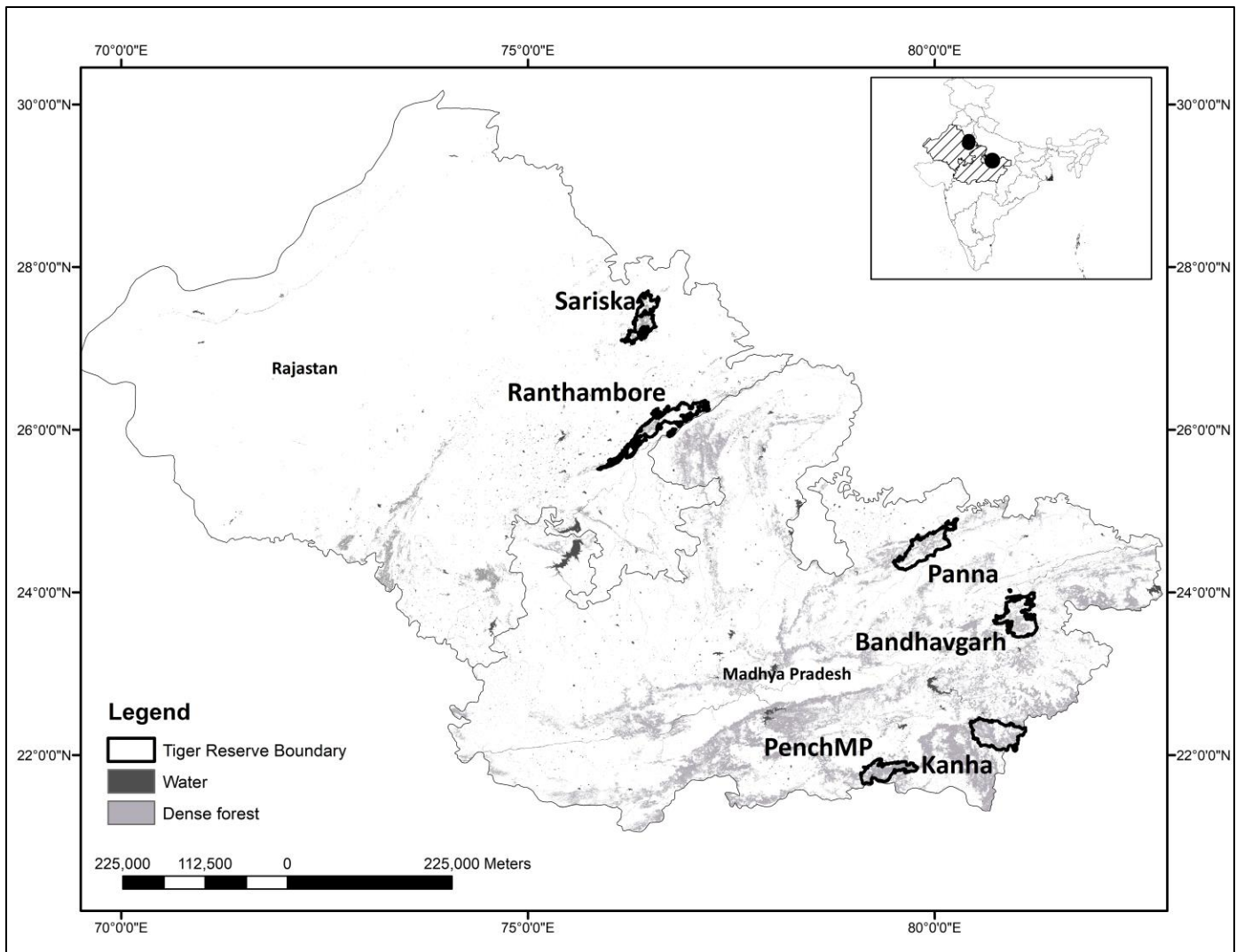
Parameter	Estimate	Std. Error	df	t	p value	95% Confidence Interval	
						Lower Bound	Upper Bound
Intercept	18.42	6.23	88.58	2.96	<0.001	6.04	30.81
Human encounter rate	1.48	0.62	68.11	2.40	0.02	0.25	2.72
Canopy cover	4.96	1.71	42.39	2.89	0.01	1.50	8.42
NDWISD	1.45	0.67	94.62	2.17	0.03	0.12	2.78
DEM SD	-4.21	1.71	84.87	-2.47	0.02	-7.60	-0.82
TRI	-2.02	1.37	94.93	-1.47	0.15	-4.74	0.71

604 **Figure captions**

605 Figure 1: Map showing location of Panna and Sariska tiger reserves along with their source population
606 viz. Ranthambore, Kanha, Pench and Bandhavgarh tiger reserves

607 Figure 2: Comparison of major tiger prey species densities between Panna and Sariska tiger reserves

Figures



610 Figure 1: Map showing location of Panna and Sariska tiger reserves along with their source population viz. Ranthambore, Kanha,
611 Pench and Bandhavgarh tiger reserves

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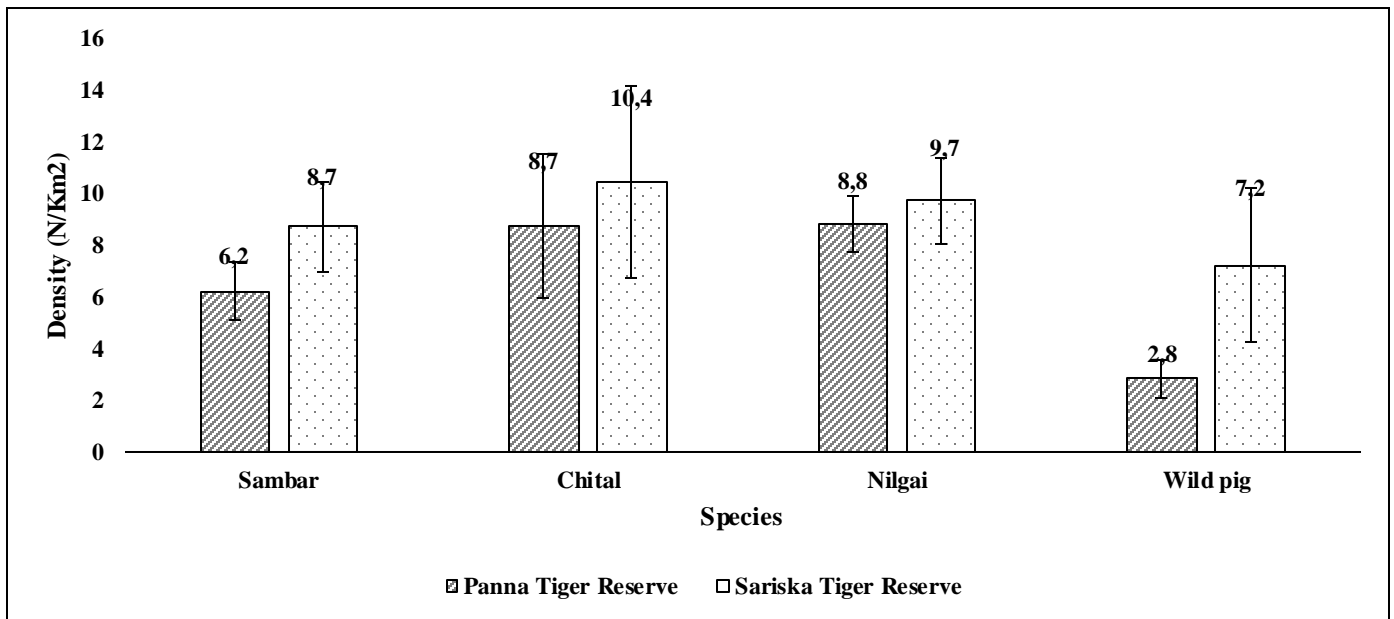


Figure 2: Comparison of major tiger prey species densities between Panna and Sariska tiger reserves

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